Transcript - Clinical Trials

Finding Clinical Trials

When looking for information about trials that have been conducted for various interventions, information about clinical trials is very important and their outcomes in any sort of healthcare area.

For the main part the identifying material about completed and published clinical trial results is relatively easy, utilising white literature sources and utilising the indexes such as Medline and Embase. They both have filters for clinical trials and clinical trial results.

However, there is another category of clinical trials that you may want to collect information about. That is, the currently running clinical trials for particular interventions. They are particularly problematic in terms of identifying and getting data about, because they are in fact running. But it may be the case that having information about protocols that have been set up for existing clinical trials, being able to supply information about clinical trials that are running and being able to contact the people who are associated with clinical trials, you may be able to get some preliminary data about the findings of that clinical trial.

So when you're looking for clinical trials, apart from the white literature sources, the major sites that you can look at for information include:

- clinicaltrials.gov which is primarily for US based clinical trials
- in Australia and New Zealand there is a register of clinical trials that are running in Australia New Zealand
- There's a European clinical trial register run by the World Health Organisation.
- And I would also suggest that you could use the Cortellis database. Cortellis records information about currently running clinical trials for various drugs that are in development and also has a wide range of other information about drugs that are in development.